

Live surrounded by
Ihabela
on all sides

Located on the North Coast of the State of São Paulo, Ilhabela delights visitors with its more than **40 enchanting beaches** and **94% preserved Atlantic Forest**, with a **rich flora that includes ancient trees** and a **diverse fauna with rare species**, in addition to **beautiful waterfalls**. The Ilhabela State Park is one of the largest Atlantic Forest reserves on the planet and a UNESCO Natural Heritage and Biosphere Reserve.

ILHABELA HAS EVERYTHING TO ENSURE YOU HAVE AN UNFORGETTABLE EXPERIENCE!

From spectacular landscapes to culture and gastronomy, from the extensive hotel network to unforgettable tours. Here, you will find suggestions for itineraries to delight you. Choose the tours and outings that best suit you, visit a local tour agency and have fun!



Ilhabela surrounded by salt water on all sides

Sky, sea, sun, shade and refreshing water. What you want from an island are sunny days and refreshing sea water, right? We have 5 suggestions for people who want to salt their soul and get a tan.

BEST TIME OF YEAR

Ilhabela has a pleasant temperature throughout the year, but for people looking for a combination of sun and sea, the ideal time to visit the island is between October and April, the southern hemisphere summer.

WHO WOULD ENJOY THIS?

This itinerary delights everyone, including families, couples, groups of friends and people traveling alone.

1 IDEAL BEACHES TO VISIT BY BOAT

A boat trip can offer an exclusive experience during your stay. Take advantage of the island's boat services to discover beautiful secluded beaches, some even deserted. Suggested beaches:

- Praia de Indaiaúba
- Praia do Bonete
- Praia do Jabaquara
- Praia da Fome
- Praia do Eustáquio



2 BEACHES FOR FAMILIES WITH CHILDREN

Traveling with the family is an event in itself, and finding the perfect beach is important to ensure everyone is happy. Calm waters for the children, a relaxing atmosphere for adults and infrastructure for everyone. These are some ideal beaches for families:

- Praia do Curral
- Praia do Julião
- Praia do Viana
- Praia da Pedra do Sino

3 CASTELHANOS LAND AND SEA TOUR

On the east side of the island is Castelhanos Bay, a place of unique natural beauty for an unforgettable tour. You can get there by 4x4 vehicle along the Estrada Parque dos Castelhanos road and return by sea by motorboat. And, of course, along the way, you get to enjoy the immeasurable beauty of Ilhabela.

Consult a local tour agency and enjoy the tour!

4 ILHABELA, THE NATIONAL SAILING CAPITAL

Due to its ideal climatic conditions for practicing the sport almost all year round, Ilhabela hosts major sailing events, such as the Ilhabela International Sailing Week, as well as catering to beginners who want to venture into different sailing modalities, such as ocean sailing, racing monotypes, kitesurfing and windsurfing, among others.



5 SUNSET BEACH HAPPY HOUR AT PEREQUÊ, SACO DA CAPELA OR PRAIA GRANDE

Sunset is even more special when accompanied by good food and drinks. Enjoy generous portions and cold drinks at the beach restaurants and kiosks. It's an ideal late afternoon to take a photo or selfie and enjoy special moments!

6 END THE DAY WITH A CAIÇARA FLAVOR

On Ilhabela, dinner can also be unforgettable. How about trying the unique flavors of "caiçara" (local fishing community) cuisine and ordering a typical regional dish?

- Moqueca caiçara (savory fish stew with coconut milk)
- Caldeirada (seafood stew)
- Whole baked fish
- Squid
- Shrimp
- Azul-marinho (fish stewed with green bananas and pirão)



Ilhabela surrounded by well-being on all sides

You deserve rest and relaxation. That's why we've put together 5 suggestions for you to enjoy Ilhabela and maximize well-being and quality of life.

1 SPORTS

Practice a sport (or several sports!) to take care of your body and mind while you visit Ilhabela. There is nothing better than breaking a sweat as you enjoy a stunning view.

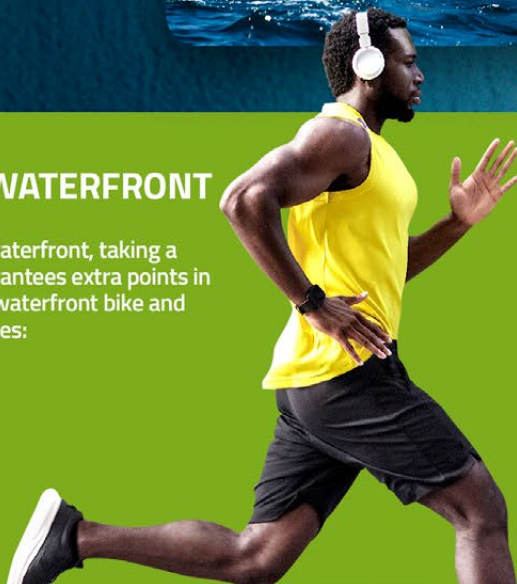
- Hawaiian canoeing
- Stand up Paddle
- Kayaking
- Beach tennis
- Cycling



2 JOGGING ON THE WATERFRONT

More than just a visit to the waterfront, taking a run along the waterfront guarantees extra points in your quality of life. Enjoy the waterfront bike and walking paths on these beaches:

- Praia do Perequê
- Praia do Itaguaçu
- Praia do Itaquanduba
- Praia do Engenho d'Água
- Saco da Capela
- Vila (historic town center)



3 SPA, MASSAGE AND YOGA

Personal care, rest and relaxation. With spa services, massages and yoga classes, you can rejuvenate, reactivate your body and find the best in yourself.

Check out the island's qualified Spa, Massage and Yoga services and choose the best one for you.

4 SUNSET AT THE LOOKOUTS

The sunset at the end of the day offers something special that makes us feel more alive. On Ilhabela, this good energy is even better with breathtaking views. Try these lookouts

- Mirante do Piúva
- Mirante do Perequê
- Mirante do Baepi
- Mirante do Barreiros
- Mirante do Bonete



5 START YOUR DAY ON A SECLUDED BEACH

Finding a place to rest and get away from the hustle and bustle of the city is good for everyone. Visiting secluded beaches is guaranteed tranquility. And, on this count, Ilhabela is unbeatable. Suggested beaches:

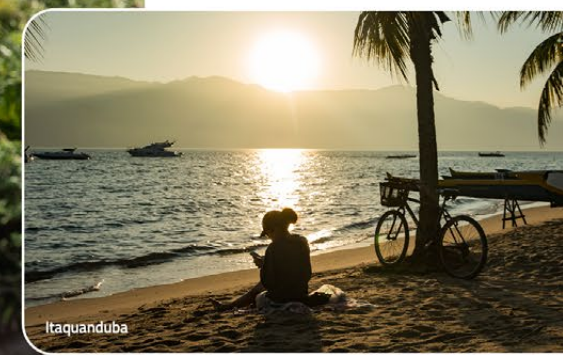
- Praia do Bonete
- Praia do Barreiros
- Praia da Pacuíba
- Praia de Castelhanos

BEST TIME OF YEAR

Ilhabela is a year-round paradise for sports and well-being, but if you want a more quiet and peaceful experience, visit the island outside the high season and school holidays.

WHO WOULD ENJOY THIS?

This itinerary is perfect for couples, friends and people traveling alone in search of well-being for body and mind.





Ilhabela surrounded by adventure on all sides

Ilhabela is the ideal destination if you want adventure. With nature beauty to enjoy outdoor activities, the island offers a dose of adrenaline in a unique landscape. Check out our 6 suggestions:

1

CYCLE TOURISM

Discovering nature on two wheels is a rewarding experience. Ilhabela's waterfront bike paths and dirt trails offer spectacular views. Whether you end up on a beach or at a lookout point, you can be certain your ride will be unforgettable.

- Bike path from the Barra Velha waterfront to the Vila (historic center)
- Estrada Parque dos Castelhanos road
- Trail to Praia do Jabaquara



2

TREKKING, HIKING AND MOUNTAIN CLIMBING

Put on your backpack and hit the trail. Ilhabela will surprise you with the numerous trails that cut across the island. Trekking, hiking and mountain climbing are great options during your stay in this paradise. Getting to see the fauna, flora, landscapes, traditional caiçara fishing communities and enjoy the countless waterfalls is an ideal way to connect with nature and the local culture.

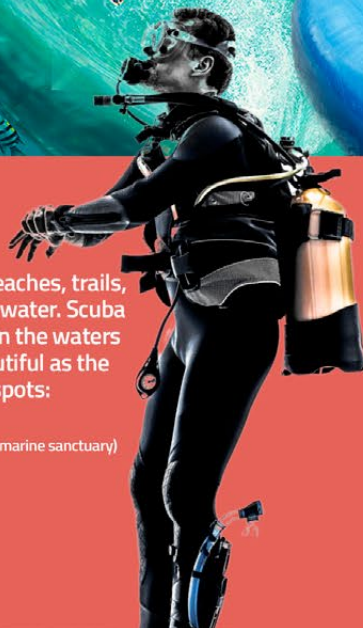
- Trail to Bonete
- Bonete-Castelhanos trail
- Cachoeira da Lage waterfall trail
- Cachoeira do Veloso waterfall trail
- Cachoeira dos Três Tombos waterfall trail
- Água Branca trail
- Trail to Pico do Baepi summit

3

SCUBA DIVING

The natural beauties of Ilhabela go beyond beaches, trails, mountains and lookouts. They are also underwater. Scuba diving allows you to discover the marine life in the waters around the island, which are as vast and beautiful as the beauty above the surface. Suggested diving spots:

- Santuário Ecológico da Ilha das Cabras (island marine sanctuary)
- Praia do Portinho
- Ilhote do Julião
- Shipwrecks
- Ilha dos Búzios island



4

WINDSURF/KITESURF

For practitioners and enthusiasts of windsurfing and kitesurfing, Ilhabela offers a sea of possibilities. With ideal conditions for practicing these sports, the island offers adventure for the most experienced athletes as well as beginners. Suggested spots include:

- Praia do Perequê
- Praia do Engenho d'Água
- Praia da Armação
- The Ponta das Canas kitesurf ramp



5

SURFING AT BONETE AND CASTELHANOS

Surfing is common around the world, but on Ilhabela it offers an air of exclusivity with unique views. Praia do Bonete and Praia de Castelhanos offer special conditions for surfing.

Remember, never surf alone and always ask the locals about sea conditions.

6

OFF-ROAD JEEP TRIPS

The jeep trip to Castelhanos is an experience that should be on your bucket list. The jeep takes the 15-kilometer dirt road through the middle of the Atlantic Forest before arriving at one of the most beautiful beaches on Ilhabela, Castelhanos.

Ask a local tourism agency about this great experience!



BEST TIME OF YEAR

Trekking and mountain climbing - April to November, due to drier and cooler weather.

Hiking - summer is ideal for cooling off at a waterfall

Scuba diving - the summer months offer clearer and warmer water.

Windsurfing and kitesurfing - the windiest period is from June to August.

Off-road jeep trips - all year round.

WHO WOULD ENJOY THIS?

People looking for contact with nature, caiçara culture, adventure and adrenaline.

Ilhabela surrounded by nature on all sides

1

TRAILS AND WATERFALLS

Put your backpack on and hit the trail. Ilhabela will surprise you. With numerous trails throughout the island, getting to know the fauna and flora up close and enjoying the countless waterfalls is an ideal way to connect with nature.

- Cachoeira dos Três Tombos waterfall
- Cachoeira Veloso waterfall
- Cachoeira Lage waterfall
- Água Branca trail



2

BIRDWATCHING

Birdwatching is increasingly popular and Ilhabela offers the ideal conditions for this hobby: preserved forests, endemic species and more than 390 bird species to observe in a multitude of natural habits to ensure an unforgettable birdwatching experience. Some suggested birdwatching spots are:

- Parque dos Castelhanos road
- Parque Estadual de Ilhabela trails
- Ribeirão Água Branca river mouth
- Boat trips to observe sea birds



3

WHALE AND DOLPHIN WATCHING

There are 4 species of whales and 8 dolphin species that delight visitors who take whale watching boat trips. The humpback whale is the most enchanting island visitor with its breaching and acrobatics. Humpbacks visit the island between June and August, while dolphins are often seen year-round in the waters of Ilhabela. These docile, intelligent and very sociable animals, members of the Cetacean family that includes dolphins, porpoises and whales, are a spectacle of nature that delights everyone who sees them.



4

SNORKELING AND THE SUNSET AT ILHA DAS CABRAS BEACH

Observing marine life in clear water is one of the most fantastic experiences on the island. Snorkeling is easy and anyone can do it. With a maximum depth of 9 meters, Ilha das Cabras is ideal for viewing fish and corals. Stay and enjoy the sunset to end the day in style.



BEST TIME OF YEAR

ALL YEAR ROUND. Visit www.turismoilhabela.com to learn about the calendar of events on the island.

WHO WOULD ENJOY THIS?

PEOPLE LOOKING FOR CULTURAL ACTIVITIES AND GASTRONOMY SURROUNDED BY NATURE.



Ilhabela

surrounded by culture on all sides

Imagine an island full of fun things to do. Now imagine yourself enjoying every moment and every event there. Ilhabela has a calendar of events for all tastes and ages, ranging from gastronomic events to cultural performances. From local communities to the liveliest events, everything is for your enjoyment.

1

CULTURAL TOURISM

Ilhabela's caiçara culture is very diverse and full of expression, colors, flavors and traditions. Getting to know the Island's history and art will make you fall in love with this unique destination even more.

- FAZENDA ENGENHO D'ÁGUA (restored sugarcane farm and mill)
- MUSEU NÁUTICO (Nautical Museum)
- HISTORIC CENTER
- WALDEMAR BELISÁRIO CULTURAL CENTER



Fazenda Engenho D'Água

2

GASTRONOMIC TOURISM

On the island, you can find a fusion of traditional caiçara cuisine with the best of international cuisine. All dishes are made with fresh ingredients from the region, in restaurants that offer true gastronomic experiences.

- LIVE MUSIC IN BARS
- RESTAURANTS
- BEACH KIOSKS



3

SALE OF LOCAL HANDICRAFTS

Shops, stalls and street fairs make your tour of city even more fun. Take the opportunity to learn more about the local handicrafts made in traditional communities.



4

CALENDAR OF EVENTS

Ilhabela hosts events throughout the year. There are numerous types of events, including gastronomic, musical, sporting and cultural events. All for you to enjoy and make your days on the island unforgettable.

Check out our calendar of events and book your next visit.

5

TRADITIONAL COMMUNITIES

Get to know the unique way of life of the island's fishing communities. The caiçara way of life, in its most traditional form, is inspiring and full of details. The tour is interesting and highly transformative, in addition to visiting beaches with incredible beauty such as Bonete and Baía de Castelhanos.



Baía de Castelhanos

BEST TIME OF YEAR

Ilhabela offers culture, fun and art all year round. With frequent events and a calendar of annual events, the island welcomes everyone with enthusiasm. Follow the schedule of shows, parties and events on the Prefeitura de Ilhabela social media.

WHO WOULD ENJOY THIS?

This itinerary is ideal for all ages and tastes. People looking for lively events, artistic expression and lots of fun will enjoy Ilhabela's busy cultural calendar.



Ilhabela surrounded by dreams on all sides

There's nothing like enjoying a trip for two to paradise. The beauty of Ilhabela is a perfect backdrop for any romance and the ideal setting for that moment of pure love. Check out our recommendations for couples to enjoy the island.



1

PRIVATE BOAT TOUR

The boat tour alone is an exhilarating experience, but getting away from everything and everyone and experiencing exclusive moments with your love makes it even more special. Secluded beaches, on-board cuisine and even dolphin watching. Enjoy!

2

GASTRONOMIC EXPERIENCES BY THE SEA

The sound of the sea, the sunlight and the taste of caíçara cuisine will surprise you. A romantic dinner or a relaxed lunch is even more interesting by the sea on Ilhabela.

3

START YOUR DAY WITH A WATERFALL BATH

To break away from your routine and restore energies, nothing is better than a waterfall bath. With your love beside you, it's even more special. We recommend the Cachoeira do Veloso, Cachoeira da Lage and Cachoeira dos Três Tombos waterfalls.

4

A MASSAGE FOR TWO AT A SPA

Relax your body and mind. Enjoy every moment with the love of your life and leave the stresses of life at the door. With a massage or a SPA day, everything is lighter.

5

SUNSET BY THE SEA

To warm up the evening, enjoy the last rays of sun by the sea. A chat over snacks and drinks makes everything livelier. Sunset on Ilhabela is just the beginning of a special evening ahead.

6

WATCH THE FULL MOON RISING OVER CASTELHANOS

The moon is a beacon for lovers, and watching the brilliant moon rising over Castelhanos is even more romantic, especially snuggling up to the one you love. It's an unforgettable experience.

7

SLEEP UNDER THE STARS ON BONETE

For more adventurous couples, spending the night under the starry sky is, without a doubt, quite an experience. With the moon and the stars above as proof of your love, it makes for a romantic evening. Enjoy!



Praia do Bonete



Praia do Bonete



BEST TIME OF YEAR

ALL YEAR ROUND.

WHO WOULD ENJOY THIS?

COUPLES LOOKING TO CONNECT WITH EACH OTHER AND WITH NATURE.



PREFEITURA DE
ILHABELA



Discover the wonders of Ilhabela.
turismoilhabela.com